

Movements



Z-Z-Z-Z Boring: The soccer player moved fast.
Interesting: The soccer player streaked past opponents and sprinted toward the goal.

Fast			Slow		
biked	jerked	skittered	ambled	loitered	staggered
bolted	jolted	slammed	biked	lollygagged	stalked
bounded	jostled	slapped	brewed	lounged	stamped
burst	jumped	slashed	coasted	lugged	stepped
bustled	kicked	sliced	crawled	lumbered	stomped
charged	knocked	smacked	crept	lurked	straggled
chased	lashed	smashed	cruised	marched	strayed
clamored	leapt	snapped	dawdled	meandered	strode
crashed	lunged	snatched	dillydallied	moped	stroked
darted	mauled	sped	dragged	moseyed	strolled
dashed	nabbed	sprang	drifted	napped	strutted
dodged	outpaced	sprinted	dripped	paced	swaggered
dove	outran	stampeded	edged	plodded	swayed
erupted	plunged	streaked	floated	popped	tiptoed
flailed	pounced	swiped	flowed	poked	toddled
fled	quickenened	swooped	frolicked	prowled	trailed
flew	raced	tackled	froze	relaxed	traipsed
frisked	ran	tore	gallivanted	roamed	traversed
galloped	rode	trotted	glided	rocked	treaded
grabbed	rushed	whirred	hiked	roved	trekked
grasped	scampered	whisked	hobbled	sauntered	tromped
gunned	scooted	whizzed	inched	shuffled	trooped
hastened	scrambled	wrestled	jogged	skipped	trudged
hightailed	scurried	yanked	journeyed	slinkd	undulate
hurried	scuttled	zapped	lagged	slithered	ventured
hustled	shot	zigzagged	limped	slogged	waited
jabbed	shoved	zipped	lingered	slowed	walked
jammed	skipped	zoomed	loafed	snuck	wallowed
			lobbed	sputtered	wandered